

Venturing Crew 851

Generic Back Pack Gear List

Updated 4-1-2014

What to Bring: Everything you will need for backpacking: Nothing you don't want to carry for miles.
There are no trash cans along most trails so be prepared to carry your own trash out!

Water: At least 2 quarts per person per day on trail provide it is known that water is available on trail.
Plan on 3-4 quarts per person per day if water availability is unknown.

Food: The crew typically provides a menu and distributes food and gear at the shake down meeting prior to the trip. Money is usually needed for dinner on Friday and lunch on Sunday at fast food restaurants.

Shelter: Sleeping Bag and pad (for insulation from the ground and comfort)
Tent (you can split up tent pieces to be carried by those sharing the tent).
Ground Cloth so you don't get wet through your tent from the ground

Clothes:

Boots for hiking highly recommended, bring sneakers or sandals for camp shoes if desired.
Extra socks (and liners) – dry socks prevent blisters and feel better than wet socks.
Fast drying/wicking clothes are recommended (e.g. polyester, Coolmax, Under Armor.)
Cotton jeans and shirts are often used but are NOT recommended. They retain moisture longer when wet.
Some warm clothing (Sweatshirt or lightweight fleece jacket) [think layers!]
Rain gear: Jacket, pants or at least a poncho. Pack covers and/or rain proof stuff sacks are nice.

Other Equipment:

Backpack – internal or external frame, backpack covers are nice too
Eating utensils - (e.g. spoon, fork, mess kit or bowl, cup) – however you want to eat your food
Personal First Aid Kit and any medicine you require

Money: trip dependant. Typically enough for two fast food meals (dinner Friday and lunch Sunday)

Nice to Have Things: *(Some more essential than others)*

Matches or lighter, small flashlight, toilet paper, small garden shovel, small pocketknife, some rope, some duct tape, compass, map, whistle, lip balm, sunscreen, insect repellent, hat, soap, small towel, toothpaste, sunglasses, small games (e.g. deck of cards, Frisbee), watch, camera, swim suit, moist towelettes
Any nice-to-have thing you want to carry, but not much more than all the above is recommended.